



BELVEDERE
SPA • WELLNESS • BEAUTY

PROGRAM

SATURDAY 15.03.25

11:00 - 50' **Pilates Mat**

14:00 - 25' **Sound Healing Meditation**

SATURDAY 22.03.25

11:00 - 50' **Core Training**

14:00 - 25' **Sound Healing Meditation**

SATURDAY 29.03.25

11:00 - 50' **Hatha Yoga**

14:00 - 25' **Sound Healing Meditation**

For further information and reservation please contact the Spa reception or ☎ 611. Limited places.

